Basic Pesto Sauce

By Samin Nosrat | YIELD 12/3 cups

TIME 20 minutes

INGREDIENTS

½ cup pine nuts, lightly toasted

3/4 cup extra-virgin olive oil

2 garlic cloves

2 cups packed basil leaves (2 1/2 ounces/75 grams, from 1 big bunch or 2 small bunches)

1 cup finely grated Parmesan cheese (3 ounces/85 grams)

½ teaspoon kosher salt, more to taste

PREPARATION

Step 1

Pulse pine nuts in a food processor until they're completely broken down. Stop to scrape down the sides of the bowl with a spatula from time to time. Add olive oil and garlic and pulse until garlic is finely chopped.

Step 2

Chop basil very roughly — just run a knife through it once or twice to cut most of the leaves into halves or thirds — then add to food processor. Pulse, stopping every 15 seconds to push the leaves down with a rubber spatula, until basil is entirely worked into the oil. Pulse for another few seconds, and then stop to prevent turning the basil brown.

Step 3

Pour pesto base into a bowl and add grated cheese and salt. Stir to combine, then taste and adjust seasoning as needed. Leave the sauce thick to toss with cooked pasta and a little pasta cooking water. To use the pesto as a garnish for grilled or roasted meats, fish and vegetables, thin it out with 2 to 3 more tablespoons olive oil until it's the consistency of a loose paste. To store leftovers, pour a little more olive oil over the pesto to cover. Refrigerate in an airtight container for up to three days.

Tips

To make wild nettle pesto, substitute 1/2 pound stemmed nettle leaves for the basil. Set a large saucepan over high heat and add 3 tablespoons olive oil. When the oil shimmers, add the nettles and sauté, stirring constantly with tongs, for 30 to 60 seconds until wilted. Remove pan from heat and allow to cool. Squeeze all the water you can from nettles, then roughly chop. Add 1/2 teaspoon red pepper flakes and proceed as directed above. Toss with pasta, or thin and drizzle over baked or grilled fish.

To make Mr. Lett's mint-pistachio pesto, substitute mint for the basil

and pistachios for the pine nuts. Substitute 2 tablespoons pecorino Romano for the Parmesan and add 1 teaspoon finely grated lemon zest. Use to garnish spring vegetables, fish and shellfish.

PRIVATE NOTES

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